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DODGE

UP FRONT

F. G. Miller senior cross-country team places second in 2A division at Provincials Page 3

SPORTS

Elk Point Elks face off on the 2017-18 season of SaskAlta Hockey League action Page 6



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Vol. 37 No. 44

Tuesday, October 31, 2017

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NEW LEADERSHIP - Elk Point's newly elected mayor and council were sworn in on Monday, Oct. 23 for the coming four-year term. From left to right are returning Coun. Debra McQuinn, new Coun. Sherry Bower-Gagne, Mayor Lorne Young, new Coun. Terry Hampson and Deputy Mayor Dwayne Yaremkevich, who is the longest-serving member of the new council.

New town council sworn in, taking on duties and holding the line on compensation

VICKI BROOKER
Review Staff

Elk Point's new Mayor Lorne Young and his council, Debra McQuinn, Dwayne Yaremkevich, Sherry Bower-Gagne and Terry Hampson were sworn in at last Monday's Organizational Meeting, with each member appointed to a number of committees, boards and commissions that they will serve on for the coming year.

Dwayne Yaremkevich was selected as Deputy Mayor, and will serve in that capacity until the 2018 Organizational Meeting.

Mayor Young and all four councillors will make up five active standing committees: the Executive Committee, Public Works, Public Safety and Environment, Risk Management and Emergency Services, and will also serve on two standing committees, Economic Development and Health Care Professional Recruitment, if these currently inactive committees are reactivated during the year.

Appointed to legal bodies, boards and commissions, with alternate members in brackets, were as follows:

Agricultural Society - Mayor Young (Coun. McQuinn); Alberta Care - Coun. Hampson; Allied Arts Society - McQuinn; Chamber of Commerce - Deputy Mayor Yaremkevich; Canada Day Committee - McQuinn, Hampson; Community Futures St. Paul - Smoky Lake - McQuinn; Community Policing Committee - Young, Coun. Bower-Gagne; Development Appeal Board - Hampson; Elk Point Further Education Council - Bower-Gagne (McQuinn); Elk Point Golf Club - Yaremkevich; Evergreen Regional Waste Management Committee - McQuinn (Yaremkevich); FCSS - Bower-Gagne; Fire Board - Young, McQuinn; Interagency Health and Wellness Committee - Young; Lakeland DMO - McQuinn; Lakeland Doctor Recruitment Board (currently inactive) - Bower-Gagne; MD of St. Paul Foundation Board - Young, Yaremkevich; MuniCorr - Yaremkevich; Municipal Airport Authority - McQuinn, Young; Municipal Health and Safety Committee - Hampson; Municipal Library Board - McQuinn, Hampson; Municipal Planning Commission - Young, Yaremkevich, McQuinn, Bower-Gagne; Northeast Alberta Information Hub

- Hampson; Northern Lights Library System Board - McQuinn; Regional Assessment Board - community member Dick Millar appointed; Recreation Committee - McQuinn, Hampson; Regional Health and Safety Committee - Hampson; Regional Water Commission - Young, Yaremkevich, Bower-Gagne; Regional Emergency Committee - Young, Yaremkevich, Bower-Gagne.

The mayor is an ex officio member of all boards and committees to which council has a right to appoint members, pursuant to the Municipal Government Act.

The new council agreed to continue to meet on the second and fourth Mondays of each month at 7 p.m., with the meeting moved to Tuesday if Monday is a holiday. The Public Works meetings have been moved to the first Thursday of each month.

Signing authority will rest with CAO Ken Gwozdz and Mayor Young, with the town's finance manager as an alternate to the CAO and Deputy Mayor Yaremkevich, Coun. Bower-Gagne or Coun. Hampson able to sign in the absence of the mayor.

(Continued on Page 2)

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SWEARING IN - New Mayor Lorne Young is sworn in by CAO Ken Gwozdz.

New council

(Continued from Front Page)

No raises

Council honorariums will remain the same as last year, although it was noted that they have not been increased in some time. Mayor Young said he is "always cautious with the taxpayers' dollars, and we have been cutting expenses and only gave a small increase to town employees. There are tough times out there." However, the amount of time sometimes involved in lengthy meetings or functions that require members of council to take days off from their employment was recognized, with a motion passed to add a new category of honorarium. Council members attending events or meetings in excess of four hours long will now receive \$250, rather than the usual \$150 for regular and special meetings of council and out-of-town meetings and functions, and \$100 for in-town board, committee, commission and authority meetings or in-town functions. The mayor will continue to receive \$600 and councillors \$400 for their monthly duties. It was agreed to reassess the possibility of an overall increase next year.

Travel expenses will also stay at the previous level.

Technology honorarium

As with previous newly elected councils, there will be a one-time technology honorarium, each member receiving \$800 to purchase or upgrade their tablets or laptops. From now on, only the meeting agendas will be printed on paper, with all attachments being sent to them electronically, to avoid the cost of massive amounts of photocopying and paper, as the town moves to a digital format.

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New council approves new water main looping project

VICKI BROOKER

Review Staff

Only minutes after being sworn in and given their committee appointments at the annual organizational meeting, Elk Point's new mayor and council got to work at their first meeting, with the first order of business to set tentative dates to meet with local realtors regarding listing for sale of town-owned serviced industrial lots. Council identified Nov. 2 or Dec. 7 as potential dates, with administration asked to contact the realtors.

Water main looping

The recent sale of one of those industrial lots has given the town the ability to pay \$74,875 for an addition to the waterline rehabilitation project that would see a connector line crossing the ravine between Circle Drive and Ravine Drive, with the connection eliminating the possibility of stagnate water in both area by providing a continuous flow that will keep the water fresh and also provide positive pressure for fire fighting.

The looping would allow the town to isolate sections of water line when necessary that is currently not possible, a huge benefit in the case of water line breaks in a community that has experienced four breaks in 2017 alone.

Council approved the addition of the looping to the project, which is now well underway, with Mayor Lorne Young reminding council that, "Water and sewer are core services that we must provide to our residents."



SWEARING IN THE DEPUTY - CAO Ken Gwozdz officiated at the swearing in of Deputy Mayor Dwayne Yaremkevich for a one-year term.

Board appointments

The Town recently advertised for applications to fill three vacancies on the Subdivision and Development Appeal Board, and the new council agreed to appoint all three applicants, Diane Peifer, Donald Schultz and Myron Goyan.

Council also agreed to reappoint Denise Bjorkman as Elk Point's member-at-large on the County of St. Paul and Elk Point FCSS Board of Directors.

Open dialogue

Mayor Young and Coun. Terri Hampson volunteered to represent Elk Point at a Systematic Racism Open Dialogue session on Oct. 26 in St. Paul.

AUMA Convention

After discussion of the pros, cons and significant cost of attending the Alberta Urban Municipalities Association (AUMA) convention in Calgary, Nov. 22 to 24, council agreed to forgo attendance this year, and to all go to next year's convention in Red Deer. CAO Ken Gwozdz will attend the conference.

EcoCentre basement

Estimates on the emergency, remediation and rebuild of the EcoCentre basement following this summer's flood have now been received, with the net cost, after a rebuild settlement is received from the town's insurers, sitting at \$9,171.38 plus the cost of hygienist services, estimated at \$3,000. The town agreed to proceed, and will pay the bill, then invoice the Chamber of Commerce for that amount.

Subdivision approval

Subdivision conditional approval has been given for the consolidation of a portion of SW 7-57-6-W4 with Lot 1, Plan 912-0808, which is the Elk Point Agricultural Society Fairgrounds.

Brushing reimbursement

A \$10,000 reimbursement cheque from ATCO Electric's brushing program has been received, and will be put in a recreation capital reserve account for trees and shrubs to be planted along the service road between Highway 41 and the Industrial Park and a picnic table and bench near the Peter Fidler statue.

Remembrance Day

Mayor Young has agreed to give the Town of Elk Point's message at the Nov. 11 Remembrance Day ceremonies in Elk Point, which are being coordinated by Recreation Coordinator Jena Colbourne, who will also serve as mistress of ceremonies.

Keeping busy

The new council will be kept very busy over the coming weeks, with a tour of town facilities set for Saturday, Nov. 11 at 1 p.m., a council orientation session on Nov. 23 at 5:30 p.m., the Muni 101 session in Vermilion on Nov. 27 and 28 and budget meetings set for Dec. 13 and 14 at 7 p.m.

Elk Point Oilmen's

BIG BUCK CONTEST



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County of St. Paul & Elk Point FCSS

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Friday November 24, 2017

11:00am - 2:00pm

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FGM second in 2A at Cross Country Provincials

JANICE HUSER
Review Contributor

While no local schools managed to take top spot at this year's Alberta Schools' Athletic Association cross-country provincial event, there were nonetheless some impressive results from within St. Paul Education Regional Division schools.

Taking second place in the 2A division was F. G. Miller.

The championship race took place on Oct. 21 at Rundle Park in Edmonton. The weather for the race was ideal, with temperatures hovering around the +10 degrees mark, and the sun shining, said F. G. Miller Coach Jonathan Randall.

"The course was a little different than what we are use to, as it was very open and a couple hills they had there were pretty nasty," said Randall. "Where we train there are hills, but nothing like that, so it was tough for the kids, but they still did well."

Randall says the team went into provincials with a pretty hefty goal – finishing in the top three. With that goal in mind, the young athletes managed to excel.

"Being second in the province was quite an accomplishment, especially with how small of a 2A school we actually are. The kids worked hard this year, so it was really nice to see them get rewarded like this and a real positive note for our Grade 12s to leave on."

Randall says he is hopeful that the school will continue to be successful in cross-country running next year, despite losing from of its Grade 12 athletes.

"We are losing some strong runners, but gaining some (that are) moving in to high school as well."

Taking the top spot in the 2A category was Strathmore-Tweedsmuir. Ashmong Secondary also competed in the 2A category, finishing in 15th place out of 57 schools.

Also finishing near the top of the overall standings was SPERD's largest school – St. Paul Regional High – competing in the 3A category. The team also went to the championship event with a goal to compete hard and finish near the top of the standings.

The Saints managed to place fourth out of 60 3A schools in the province. Coming in first in the 3A category was Lethbridge Collegiate.

"We are really proud of our students," said Regional coach Hank Smid, following the event. "Our best finish was Dustin Dubrule who got 30th. Our best female finish was Hannah Faucher who got 83rd."

Overall, Regional finished in eleventh place out of all schools in the province, said Smid.

Competing in the 1A category was Mallaig School. Last year, while a number of schools opted not to attend cross-country provincials, a group of Mallaig students and their families weathered a winter storm to compete in Cochrane, and brought home the school's tenth consecutive 1A provincial championship.

This year, that streak was broken, and the school finished in 15th place in the 1A division where Two Hills School was 39th and Glendon School 42nd.



COMING IN A PROUD SECOND at Alberta Schools' Athletic Association cross country provincials at Rundle Park in Edmonton. Congratulations, Crusaders! Photo submitted

Fort George and Buckingham House taking a new look at events for 2018 season

VICKI BROOKER
Review Staff

Weather, caterpillars and no local advertising for their one major event impacted the 2017 attendance at Fort George and Buckingham House Provincial Historic Site, according to the site's program coordinator, Ross Stromberg, who told the Friends of the Fort last week that plans for a major event in 2018 have been put on hold.

Restructuring of the Edmonton House Brigade, which has been a major draw at previous events, reduced that always-popular group's attendance to three members this year and representatives may not be available at all in 2018, he reported.

This year saw approximately

Correction

Information reported in last week's coverage of the Interagency Health and Wellness Committee meeting was premature. A third doctor is interested in setting up a practice here, but no arrangements have been finalized and no start date has yet been set. Please wait for further details to be announced. Our apologies for any inconvenience this report has caused.

1,500 visitors at the site, 650 of them school children, Stromberg said. Visitation was down in May, June and July, but significantly up from previous years in August and early September, before the season drew to a close on Labour Day, he added, noting that overall revenue "was not too bad."

What Stromberg is suggesting for 2018 is "custom events, two-hour immersive experiences for kids, adults and seniors that could engage people and respond to a changing market." These events could build off past events that were very popular, he noted, such as Bears and Berries, with its Teddy Bears Picnic, or the geocaching information scavenger hunt that visited the site this past summer as a satellite event of a major geocaching weekend in Cold Lake.

Other special interest groups, such as artists enjoying an outdoor paint-out, walkers taking to the trails and nature lovers who would enjoy the many species of wildflowers that inhabit the historic site, were also suggested. "We're so much more than a history cult," Stromberg agreed.

Senior groups enjoying traveling by bus were suggested as one of the target markets, with the Friends agreeing that the Forts are less

than an hour away from St. Paul, Bonnyville and Vermilion, and that a trip to the Forts could be a perfect addition to Elk Point's annual Seniors' Week kickoff breakfast in June.

The Friends may be doing some traveling and sightseeing of their own, prior to the opening of the 2018 season at Fort George and Buckingham House, after learning that the hearth from one of the original structures at Fort George has been transported to the new Royal Alberta Museum, which is soon to open in Edmonton, where it will be part of a display. In fact, they all agreed that seeing the artifact in its new home would be a great field trip for the group.



FALL BACK TO STANDARD TIME - 2 A.M. SUNDAY

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QUALITY BUILD 5906 CENTENNIAL DRIVE ELK POINT 5 bdrm, 3 bath, modern design, custom build, professionally finished on both levels. Heated attached garage. Fenced yard. MLS# - E4049332 • \$379,000	NEW LISTING 56206 - RR83 STONEY LAKE AREA 150 acres w/ country home, 3 bdrm + office, 3 baths, partially finished basement. New windows, main flr laundry & some appliances. Barn w/ addition & small garage. MLS# - E4066219 • \$399,500	2 HOMES #4007 A&B SEC. 646 HEINSBURG AREA 1/4 section w/ est farm yd. 1436 sq ft log home - 6 bdrm, 3 bath, lg sunroom, hrd att dbl garage, 2nd res 2000 sq ft log home - 5 bdrm, 36x30 shop, 48x28 barn, sheds, workshops, add'l garages. MLS# - E4065335 • \$750,000

EDITORIAL

Take care out there tonight!

Happy Halloween!

Tonight's the night for tricks and treats and way too many sweets; but don't let the quest to fill up that pillow case with candy keep you and yours from staying safe.

Kids, please be careful crossing the streets, go to the corner and watch carefully for oncoming cars. Don't even think about darting out between parked vehicles, and make sure that your mask, if you're wearing one, doesn't keep you from seeing what's coming. Better yet, go to F. G. Miller High School and check out all the fun that's going on - they have treats for you, too.

Parents and other motorists, please be extra careful as well, because not all those excited youngsters will pay attention to all our words of caution!

RECREATION CORNER

FGM music teacher needs votes today

recreation@elkpoint.ca

Review Contributor

Local musician Shane Larmand needs your help in winning a fan-vote based competition that would see his album in record stores across the country. With only today left in the Sunrise Records Local Artists competition, every vote matters!

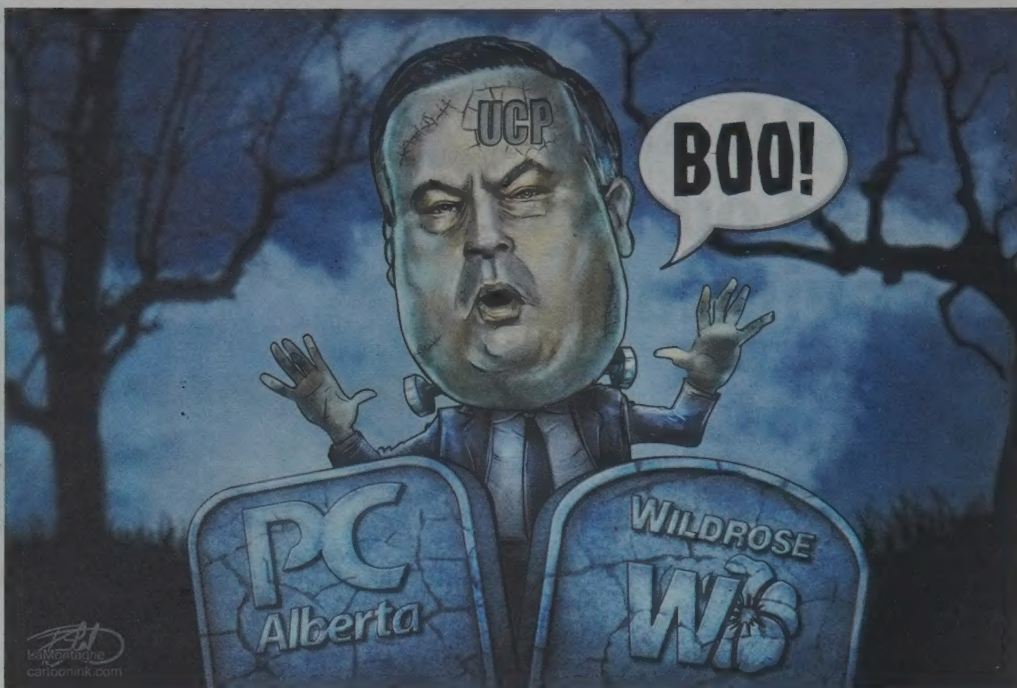
"I did a recording in the summer, in Bonnyville at 302 Productions," the recording studio is home-based, which allowed Larmand to work closely with owner/producer Jeff Weeks. "I've been playing in bands for years and have had songs for years. This time around, I've decided to go solo singer-songwriter." The album brings together songs that Larmand has been working on for years, as well as newly inspired music. "You can best describe my sound as folk rock with blues." Helping Larmand on the album were a mix of local artists; Robert Burns (bass/lead guitar), Randy Padlesky (drums), Justin Ouelette (acoustic guitar/background vocals), and Nicole Bruseelins.

"If we win [the competition], Sunrise Records will print 500 copies on record and CD of my most-recent recording. They'll distribute 400 each of them to all their stores across the country," Larmand says the opportunity is huge and can grow into something more. "Any town that there's a Sunrise Records, you could start hitting up the press around there and let them know you won the competition; really use it as a springboard for some promotion."

"I've been promoting myself a lot more, since the summer," Larmand says he's really been chasing the music dream for the last few months. He's a music teacher during the day, at F. G. Miller Jr/Sr High School, where he helps young artists blossom. He's also known in the local music scene for helping aspiring artists and hosting a once-a-month open mic night at the Players Lounge, in Bonnyville. "You can say the best of local talent comes out. It's a great jam."

"It's been amazing the amount of local support I've received. It kinda blows my mind," Larmand says, adding that there's a certain satisfaction in seeing the support from fans. "I've been doing music for 25 years, it's a huge part of my life. It's the right time for a cool opportunity like this to come around."

To vote for Shane Larmand, visit the Sunrise Records Facebook Page. You can follow Shane Larmand Music on Facebook for more updates. Voting closes on Oct. 31 at midnight.



WAY BACK WHEN...

Glowing commendations, exciting potential, pumpkin challenge

HERE'S THE NEWS THAT MADE THE HEADLINES OF THE LAKELAND REVIEW AND ELK POINT REVIEW FOR THE WEEK OF OCT 31 IN...

1987

Allan Frankiw was sworn in as the new deputy mayor as Elk Point town council held their annual organizational meeting. Elk Point chamber of commerce accepted the terms of reference for their new economic development committee, giving the committee the go-ahead to lay out guidelines and get to work.

1992

Ron and Sharon Smith of Home Town Grocers were named Elk Point's Small Businesspersons of the year, with chamber of commerce president Millie Orr encouraged by the glowing commendations of local businesses and the huge response to the request for nominations. Beaver River voters turned down the Charlottetown Accord with a resounding 70 per cent saying 'no,' along with 62 per cent of all Albertans.

1997

Elk Point RCMP was turning to the public to determine policing priorities for the coming year, with the economic upturn in the province causing policing resources to be stretched in some areas. Heinsburg students traveled back in time to the Middle Ages as the Society for Creative Anachronism paid a visit in medieval costumes, enacted a sword battle between two knights in armor and joined the youngest students in a game of Ring-Around-the-Rosy."

2002

Elk Point Chamber of Commerce laid plans for the upcoming Christmas Extravaganza, which would include a new feature, the Winter Wonderland Parade, and first-time Extravaganza chair Suzan Bartholomew "excited" by the potential this one-night extravaganza

The Elk Point Review publishes a variety of opinions as a contribution to debate on matters of public concern. Unsigned editorials express the view of this newspaper's editorial board which includes the Publisher and the Editor. Signed pieces express the view of the individual writer.

has for Elk Point businesses. County council approved the tender for a new fire truck to be based in Elk Point, replacing an aging unit in need of many repairs.

2007

Elk Point 4-H Multi Club hosted a Pumpkin Challenge, with a prize for the largest pumpkin, which went to the Tymofichuk family with a 100-pound orb, and an opportunity for costumed youngsters to carve and decorate their pumpkins to their hearts' content. The newly-elected town council got right down to work after their organizational meeting, donning new town hats before rezoning three lots along Railway Ave. from Central Commercial to R2 Residential.

2012



CREATIVE COSTUMES, giggle-producing games and lively music added up to a very successful, fun-for-all evening at the Halloween Family Frolic hosted by the Elk Point Ukrainian Dance Club.

An across-the-board \$25 increase in the honoraria for meetings and functions and increases in meal and accommodation allowances for Elk Point's mayor and council were approved at town council's organizational meeting.

ELK POINT REVIEW

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Elks open season with loss, win weekend

VICKI BROOKER
Review Staff

It was a one-one weekend for the Elk Point Elks senior hockey club, losing their home opener 7-4 to Wainwright Rustlers on Friday night and winning 5-2 over Vermilion Rock on the road the following evening.

A large and enthusiastic hometown crowd welcomed the Elks back to action on Friday, hungry for hockey action after a five-month hiatus. Wainwright wasted no time taking the lead, scoring less than three minutes into the season, with Scott Ward tying the score off assists by Nathan Pundick and Myles Whitford two minutes and 21 seconds later. The Rustlers scored a pair a mere six seconds apart half way through the first period, with Elks newcomer Jeff Badger-Morin narrowing the visitors' lead with a goal assisted by Jarvis Nicodemus and Matthew Boulianne with 2:11 left in the period.

Wainwright would score a pair 13 seconds apart at the beginning of the second period and add another two before Badger-Morin scored his second of the evening, assisted by Whitford and Ward, and Nicolas Trufal scored the only goal of the third period, short-handed, with 3:09 left in the game, bringing the final score to 7-4 in favour of the Rustlers.

Elks 5 - Rock 2

It was a whole different hockey game on Saturday night when the Elks traveled south to Vermilion, and although the host Rock scored the first goal just before the middle of the opening period, the Elks hit the scoreboard twice in that frame, Justin Nattress assisted by Whitford and Matthew Boulianne and Kameron Ballas scoring unassisted, to go to the dressing room with a 2-1 lead.

The Elks added an unanswered pair in the second period, Whitford assisted by Pundick and Sean Joly

assisted by Darren Cardinal, to increase the lead, with Dyson Karbaszewski scoring unassisted early in the third, with an answering goal from the Rock three minutes later wrapping up the evening's scoring in a well-mannered game that saw only four minor penalties for each team.

Coming up...

This week, the Elks will pay a return visit to the Wainwright Rustlers on Friday, with their next home game scheduled for Friday, Nov. 10 when they will play host to the Dewberry Msutangs.



FUTURE ELKS from Elk Point Minor Hockey proudly took part in the opening ceremonies for the Elk Point Elks season debut at the A. G. Ross Arena on Friday evening, with a full bench of Elks and an excellent crowd on hand for the fiercely competitive game against Wainwright Rustlers.

Action filled weekend for Avalanche at home, away

When I watched the Midget Avalanche last Sunday, I knew right away, this team is loaded with talent, size, speed and toughness. And after they manhandled the Pontiacs in that game I figured we'd better wait and see what happens next weekend against Cold Lake before we get too excited. This past Sunday they just annihilated Cold Lake. Nothing is going to hold these guys back. If this continues for the next few weeks, which I suspect it is going to, our Midget Avalanche will be moving up to Tier 1, where most they likely they will still be able to compete and win games.



doug
BASSETT
Review Sports

Novice Avalanche

It was not so easy for the Novice Avalanche, who had a much tougher challenge this past Saturday at home against another one of the Bonnyville teams. The week before, they had defeated a Bonnyville team, but this Bonnyville team seemed much stronger on their defense and especially tough for our little guys to penetrate the blue line, the final score 10 to 8 for the Pontiacs. Every time we had a break-away, one of their big D-men would be there to shut us down. But our guys did manage to win the third period, scoring five goals in the third and allowing only three. 'Without a Trace' Morgan with a hat trick, two goals each for 'Wyatt Earp' Fontaine and Miles 'the Millionaire' Koren, Jonathon McAleese and Remington 'Steel' Reynolds adding the assists. Riley 'Coyote' Bourne between the pipes this week was busy, but he did a great job of keeping the puck out, especially in the third period when our guys finally started mounting a comeback. Too little too late, but I still think they played great!

Atoms in action

It was quite the goaltending performance by the acrobatic 'Good Time Charlie' Lesyk this past Saturday, facing 42 shots on goal, he kept our

guys in the game for sure. Brother 'BJ' Braylee was the only goal scorer for the Atom Avalanche, assisted by 'Hurricane Kayl' Warawa, the Avalanche losing 6 to 1 to Cold Lake. Anna 'the Banana' Henderson made two trips to the sin bin for playing a little aggressive, or maybe she was getting picked on by her big sister and brother, 'Raging Paige' and 'Silent Sam' who were the officials in this one.

Then home again on Sunday against Bonnyville, defenseman 'Cyclone Cole' Pierce getting the green light a few times, he scored a hat trick, hard working 'BJ' Lesyk with one goal and an assist, two assists for first year atom Kaysen 'Dynamite' De Moissac and an assist for Spencer 'Goldie Locks' Malachowski, who has become very aggressive on defense and improved her skating so much over last year that now no one was able to get past her. Brand new to organized hockey this year, Brayden 'Pinball' Pinette is picking up the game really fast and looked more confident every shift and especially on Sunday, when he carried the puck a number of times into the Pontiacs' zone and attempted a couple of shots on net that went wide, but the effort was there for sure.

Peewee 3 power

One of our strongest attributes this year in our minor hockey system seems to be our goaltending. Another terrific goaltending performance by Kade 'the Kid' Fontaine this week, when the visiting Provost Blades came calling on Saturday to play the Peewee Tier 3 Avalanche team. The Kid' stood on his head, facing 51 shots and allowing only four goals in the first two periods and completely shut down their offense in the third period. The Avalanche answered with two goals of their own on only six shots, the first by the awesome hard working 'Top Gunner' Crawford, who, after receiving a pass at center ice

from the big D-man Dean 'the Machine' Ockerman, he battled through three players who were hanging all over him and even after getting pulled down, he still found the five hole. That's what I call determination!

Revving up his engine at the end zone, Kaleb 'Formula One' Flamond went motoring coast to coast with no one even close to catching up to him to score one all alone. Some hard work on the fore check, poking the puck free, by first year peewee Seth Morton, whose father Darren volunteers as an assistant coach of this young team. Monster winger Brady 'the Bionic Man' Hymanyk has grown about six inches over the summer and is towering over most of the players, his dad Travis also volunteered as head coach this year when the two peewee teams were formed. Gavin 'Giver' Kadutski is one of the smallest defenseman in all the peewee league, but has one of the biggest hearts I've ever seen, his dad Jon is also an assistant coach, his mom Lori is the manager.

Good start for Tier 1

The Peewee Tier 1 team is off to a very good start to the season. After splitting the last weekend with one win and a loss, they played Kitscoty this past Saturday here at home to a five-all tie and then travelled up to Lac La Biche on Sunday, picking up two points and winning 6 to 4. 'Mick Jager' Fontaine with two goals and an assist on Saturday, 'King Kong Konnor' Poitras, Landon 'the Magnificent' Malchowski, and Ryan 'Ram Rod' Cameron adding the other goals. Cash 'Paycheque' Capjack and Josef 'Big Red' Theriault with the other helpers.

On Sunday, on the road up north, 'Mick Jager' with four goals, Vaughn 'the Vulture' Ockerman and 'Ram Rod' with one each, 'Paycheque' and Rylee 'the Rocket' Warawa with assists.

Less success

I always say, "Don't mess with success!!" The Vermilion Tigers girls' bantam team coaching staff split up our 'Storm Trooper Connection' this past

weekend to add a little more offence to the other two lines. If you remember last weekend, the Storm girls connected for seven points and a big win. It didn't work out as well as was expected. Back to the drawing board.

Bantam Aves

Not a lot of extra bodies on our Bantam Avalanche team this year, just ten skaters, making two compete lines when they are all there. Usually you like to have a few extras just in case; but they sure did play well together on Sunday afternoon in their first game of the season, defeating St. Paul quite easily 12 to 1. And one thing I did notice was how much these guys have grown over the summer, most of them, with the exception of a few, are all just about six feet tall, and every one of them is recorded on the game sheet with a point or two except goalie 'Sexy Slader' Hardcastle, whose job was to stop the rubber. Jaden 'Jet Stream' Van Maaron with four goals, D-man Jace 'the Stafford Streak' with two wicked big slap shots from the point into the mesh. Dallas 'Cowboy' Bristow, Charlie 'Chuckles' Rogal, 'King Cole' Bendixen, Odin 'the Wall' Smith, Evan 'Bat Man' Ockerman and 'Lightning Liam' Ludlage with one goal each. The slippery set up man 'Lightning Liam' adding seven assists, 'Danny Boy' Cardinal and Matthew Quinney with a couple each.

Bengal football

In football news, over in St. Paul on Saturday afternoon the Bengals, with all-star Brett Halfe making some great plays, defeated Lloydminster 13 to 8 in a very close match that came right down to the final play, where the Bengals intercepted, saving a touchdown that would have made for a very sad day. The Bengals will not go one to meet their archenemies, the Bonnyville Bandits this coming weekend.

And now for the K. A. Campbell quote of the week: "Be brave if you lose and meek if you win." - Harvey Penick

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Municipal Library hosts Alzheimer's Coffee Break

Elk Point Municipal Library held the annual Alzheimer's Coffee Break on Wednesday, Oct. 18, with approximately 60 visitors joining the Friends of the Library and library staff for coffee, tea and goodies over the six hour period. Donations made in support of those in the area affected by Alzheimer's and their families totaled \$430.

At left, library manager Daphne Schnurer shows off two of the day's most popular specialty beverages, a Caramel Macchiato and the tea-based favourite London Fog.

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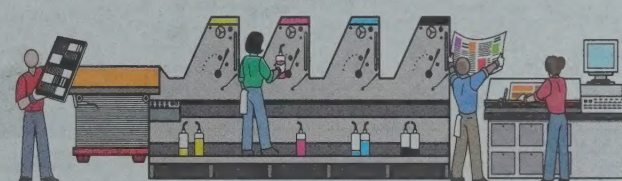
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Gymkhana series kicks off with Halloween fun



ELK POINT RIDING ARENA'S GYMKHANA WINTER SERIES got off to a great start on Sunday, with 27 riders taking part in events ranging from barrel racing and flag picking to breakaway roping, with everyone from peewees to adults getting in the spirit of Halloween and dressing up themselves and sometimes their horses for the event, with Colleen Swedgan, above, even suiting up both herself and her horse for battle in shiny silver armor. The series is fun for all ages, and runs once a month until the finals in March, when everyone who attends four of the six jackpots will vie for the year-end prizes.

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Pole Walking workshop prepares for a fit winter

VICKI BROOKER
Review Staff

There are polls, and then there are POLES.

These poles are made for walking, and an upcoming free workshop sponsored by the Town of Elk Point and the County of St. Paul and Elk Point FCSS is going to show participants just how they work.

Pole walking is said to be "four-wheel-drive for humans," and with winter fast approaching, that could be a major asset. The use of Nordic walking poles helps the users to walk with improved stability and traction as well

as to stay active and enjoy winter, workshop organizers say.

Using poles also turns walking into a total body workout using 90 per cent of the body's muscles and burning up to 20 per cent more calories, it improves posture and is both a great core workout and a great cardio workout. Not only that, it's a good way to prepare for the skiing season, whether your choice of that sport is of the alpine or Nordic variety.

Presenter Mandy Johnson, BA is the Alberta representative and a master trainer of Urban Poling, and the workshop is being held Wednesday, Nov. 15 from 1:00 to 2:30 p.m. in the Horizon Room at A, G. Ross Arena.



BABAS-IN-TRAINING from the Elk Point and District Ukrainian Dance Club cooked up a storm on Friday for their Pyrohy Supper, with a capacity crowd enjoying every bite of their excellent food at the Seniors' Recreation Centre.

